



الجمعية السعودية للعمود الفقري

SAUDI SPINE SOCIETY

SPINE MADE EASY

High yield spine pathologies, clinical guidelines, cases discussions and recommended references and articles for each topic

March 12, 2022

Venue

CROWNE PLAZA RDC RIYADH

Target Audience

Orthopedics, Neurosurgery, Physiatry, Radiology & Emergency Medicine Residents

Course Fees

- Physicians 300 Riyals
- Residents / Fellows 200 Riyals
- 50% discount for SSS members

Registration Link

saudispine.org/events



admin@SaudiSpine.org



www.SaudiSpine.org



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SPINE MADE EASY

WELCOME MESSAGE

We would like to welcome you to the Spine Made Easy course. We are fully prepared with steamed spine surgeons from all over the kingdom to conduct case-based course. We would like to combine both the academics and the real practical cases brushed with the latest Evidence Based Spine Practice.



Dr. Faisal Konbaz
Chairman, CPD committee



Dr. Nayef bin Dajim
Course director



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TIME	TOPICS	SPEAKER
08:10 - 08:40	Understanding Back pain: mechanism & treatment: <ul style="list-style-type: none">· Oral analgesics: conservative, pre/post op, PCA, NSAIDs, Neuromodulating agents· Physiotherapy· Injections· Surgery	Nayef bin Dajim
08:40 - 09:00	Spine images: principles: read what is unread!	Nayef bin Dajim
09:00 - 09:25	CSM and radiculopathy	Amro Al-Habib
09:25 - 09:35	OPLL / DISH	Saud Alhamad
09:35 - 09:55	Thoracic Disc & Lumbar discs: <ul style="list-style-type: none">· Central/ subarticular/ foraminal/extraforaminal	Sultan Aldebeyan
09:55 - 10:05	Coffee Break	
10:05 - 10:25	Congenital stenosis: cervical/lumbar/facets arthropathy	Nayef bin Dajim
10:25 - 10:55	Spondylolisthesis: <ul style="list-style-type: none">· Types, reduction, fixation insitu, accidental vs symptomatic pars defects	Sami Al Eissa
10:55 - 11:10	Bertoletti Syndrome: Lumbosacral junction	Sultan Alsalmi
11:10 - 11:40	Adult Deformity: options, osteotomies Lumbopelvic balance	Abdulaziz Bin Shebreen
11:40 - 12:10	Trauma: <ul style="list-style-type: none">· OC: peds and adults.· Thoracolumbar.· Sacral/pelvic.	Sami Al Eissa Faisal Konbaz
12:10 - 13:00	LUNCH BREAK – PRAYER TIME	
13:00 - 13:20	Metabolic & inflammatory disorders: <ol style="list-style-type: none">1. Osteoporosis:<ul style="list-style-type: none">· Insufficiency fractures:· Management: medications/ surgery (cement)· Prevention and need for osteoporosis clinic2. Ankylosing Spondylitis3. Charcot Spine	Faisal Konbaz



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13:20 - 13:50	Pediatrics Spine: <ul style="list-style-type: none"> · General principles · AIS, Neuromuscular, Congenital 	Sultan Aldebeyan
13:50 - 14:10	Infections: <ul style="list-style-type: none"> · Guidelines and consensus: pre/intra/Post · Pyogenic vs non-pyogenic · Post instrumentation infection 	Abdulkarim Al Rabie
14:10 - 14:35	Tumors: <ul style="list-style-type: none"> · Principles and Guidelines: pre/intra/Post · Primary and metastatic approach · Neo-adjuvants · Complex tumor cases , how to manage 	Abdulaziz Bin Shibreen Sami AlEissa
14:35 - 14:45	Coffee Break	
14:45 - 15:10	Principles of instrumentation: <ul style="list-style-type: none"> · Decompression (direct/indirect): land marks, adequate decompression definition, techniques, narrow/wide laminectomy · Screws Trajectory: types of pedicle screws, common sizes, · Links/connectors · Rods: titanium/Cobalt Chrome, transitional, double rods · Fusion bed: principles and need · Lumbosacral screws: types, indications, and techniques · Spinopelvic fixation · Intervertebral Fusion techniques: ALIF, TLIF, OLIF 	Nayef bin Dajim
15:10 - 15:50	Revision principles/Failed back surgeries: <ul style="list-style-type: none"> · Failure factors: <ul style="list-style-type: none"> o Surgeon, patients, implants · Pitfalls and things to avoid: <ul style="list-style-type: none"> o Counting levels. o Cementing: when absolutely NO! o Don't remove implants unless!!! · Complex failed back cases , how to manage 	Abdulaziz Bin Shebreen Nayef Bin Dajim
15:50 - 16:15	CLOSING REMARKS – FURTHER DISCUSSIONS	