



# 3<sup>rd</sup> Saudi Spine Society Annual Conference

Promoting Excellence in  
Multidisciplinary Spine Care

## Pre-Conference Workshop #3

### ERAS for Spine Surgery

Chairperson:

**Dr. Osama Abdulwahab Alabdulhadi**

MBBCh

King Faisal University, MD, FRCPC

 **November 16, 2019**

 **08:00 - 12:00**

**SHERATON HOTEL**

DAMMAM, SAUDI ARABIA

**Limited Seats**

Target Audience:

**Spine Surgeons**

**Neurosurgeons**

**Orthopedic Surgeons**

**Anesthesiologists**

**OR Nurses**

**QI Nurses**

**Residents**



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## Learning Objectives:

Enhanced recovery after surgery (ERAS) is a multidimensional approach to improving the care of surgical patients using subspecialty- and procedure-specific evidence-based protocols. The literature provides evidence of the benefits of ERAS implementation, which include expedited functional recovery, decreased postoperative morbidity, reduced costs, and improved subjective patient experience. Although extensively examined in other surgical areas, ERAS principles have been applied to spine surgery only in recent years. In this 2-3 hours workshop we will discuss the protocol applied for ERAS in spine surgery. This consist of:

- Preoperative period
- Intraoperative period
- Postoperative period

## Timetable

TIME	TOPIC
08:00 – 09:00	Registration & Breakfast
09:00 – 09:30	Introduction to ERAS Concept
09:30 – 10:00	Ptient Selection Criteria
10:00 - 11:30	Group Discussion
11:30 – 13:00	Prayer & Lunch
13:00 – 14:00	ERAS Pathway Protocol