



3rd Saudi Spine Society Annual Conference

Promoting Excellence in
Multidisciplinary Spine Care

Pre-Conference Workshop #7

Guideline Approach Towards better Understanding of Management of Cervical Radiculopathy

Chairperson:

Speaker: Mr. Abdullah AlMuahya

 **November 16, 2019**

 **13:00 - 17:00**

SHERATON HOTEL

DAMMAM, SAUDI ARABIA

Target Audience:
Physiotherapists

Limited Seats



الهيئة العامة للغذاء والدواء
Saudi Commission for Health Specialties

**8 HRS
CME
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Learning Objectives

- Participants will be able to:
- Understand background for the use of the Physical therapy Methods in the assessment and treatment of neck pain
 - Identify the latest evidence on non-surgical treatment of cervical radiculopathy.
 - Perform an individualized evaluation.
 - The difference between cervical radiculopathy syndrome and thoracic outlet syndrome .
 - Describe the passive and active acute position (supine, prone, side-lying, sitting and standing).
 - Develop, and initiate a specific treatment program based on the patient's pain pattern and other findings.

Timetable

TIME	TOPIC
13:00–13:30	Discussion
13:30–14:30	Neck pain guideline
14:30–15:00	CRS Vs TOS
15:00–15:20	Coffee Break
15:20–16:30	CRS Hands-On and Hand-Off
16:30–16:50	Sleep Position with acute pain
16:50	End of workshop