



1st Saudi Spine Society Annual Conference

Promoting Excellence in Multidisciplinary Spine Care

Pre-Conference Workshops

17 | December | 2017

7

Myofascial Trigger Points Manual Therapy

Chairpersons

Mr. Ahmed Mahrous

8 HRS
8 CME
ACCREDITED

30 Seats
Limited



 
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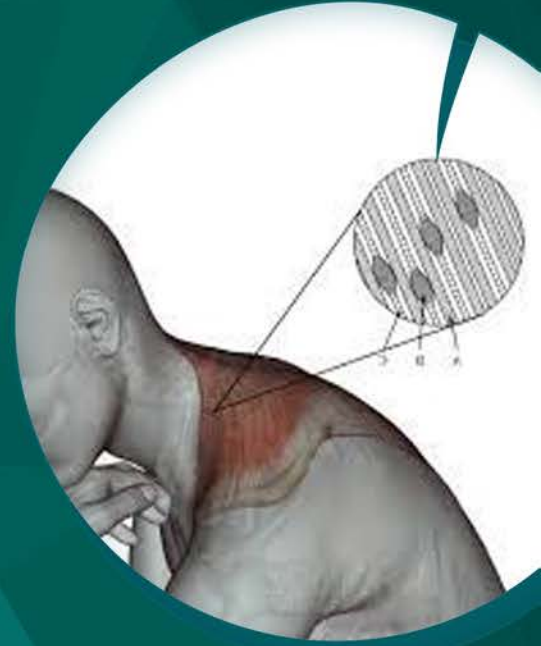


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Speaker's Name:

Ahmed Mahrous

Senior Physical therapist
Certified in Orthopedic Manual Therapy
(Curtin University, Perth Australia)
Certified Dry Needling Practitioner
(Dry Needling Institute, South Africa)
Working in King Faisal Specialist
Hospital & Research Center



SCIENTIFIC PROGRAM (TIMETABLE)

TIME	TOPIC
13:00 - 13:30	Registration
13:30 - 14:30	Myofascial Trigger points overview
14:30 - 15:00	Non-specific spine related problems and it's relationship with Trigger points (physical examination and differential diagnosis)
15:00 - 15:15	Break
15:15 - 15:30	Trigger points treatment options
15:30 - 16:30	Practical implications
16:30 - 17:00	Case scenarios
	Closure