



2nd Saudi Spine Society Annual Conference

Promoting Excellence in Multidisciplinary Spine Care

SESSION 1: CLINICAL PRACTICE GUIDELINES - HALL 1

18th NOVEMBER 2018

Time	Topic	Chairman : Khalid Alsaleh Fahad Abduljabbar	Speaker
08:00 – 08:10	Welcome Address		Scientific committee chairman
08:10 – 08:20	SSS Guidelines our Goals & Objectives		Reem Albunyan
08:20 – 08:35	The Importance of Clinical Guidelines in Spine Diseases: NASS Experience		Scott Kreiner
08:35 – 08:40	Discussion		All Panel

SESSION 2: SPINE PRACTICE WHEN IT GETS COMPLEX - HALL 1

18th NOVEMBER 2018

Time	Topic	Chairman : Khalid Assiri Ahmed Alkhani	Speaker
08:45 – 09:00	Complex Pediatric Upper Cervical Spine Conditions		Amro Alhabib
09:00 – 09:15	Cervical Cord Decompression in OPLL		Eeric Truumees
09:15 – 09:30	Cervical Deformities & Osteotomies		Jeffrey Wang
09:30 – 09:45	Evolution & Management of Severe Kyphotic Deformities in Spine TB		Rajasekaran Shanmuganathan
09:45 – 10:00	Proximal Junctional Complications in long Segment Spine Fusion		Faisal Konbaz
10:00 – 10:15	Discussion		All Panel

10:15 – 10:45

Coffee break + Exhibition



KEY NOTE LECTURE: HALL 1

10:45 – 11:00	Dynamic MRI for Spine Surgery Planning	Jeffrey Wang
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SESSION 3: GLOBAL SPINE SURGERY FORUM: HALL 1

18th NOVEMBER 2018

Time	Topic	Chairman : SSS President Egyptian Spine Society President NASS President EUROSPINE President AOSPINE President Emirates Society of Neurological Surgeons	Speaker
11:00 – 11:10	Global Spine Surgery		Khaled Alali
11:10 – 11:20	Is Low Resources a Barrier to Quality Spine Care?		Rajasekaran Shanmuganathan
11:20 – 11:30	Panel Discussion		
11:30 – 12:00	Opening Ceremony		

12:00 – 13:00

Lunch break, Prayers & Exhibition





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SESSION 4A: ABSTRACT - HALL 1

18th NOVEMBER 2018

Time	Topic	Chairman : Hana Alsubayel Mohammed Khashab	Speaker
13:00 – 13:06	Prevalence and Determinants of low back pain among Healthcare workers in Southwestern Saudi Arabia		Ibrahim Alnaami
13:07 – 13:13	Back pain and Scoliosis Prevalence in Adolescent in Riyadh, a cross Sectional Study		Suhail Al Assiri
13:14 – 13:20	Prevalence of Pelvic floor disorder and Neuropathic Pain among Females seeking Physical therapy for Chronic low back pain		Ghadah Algudairi
13:21 – 13:27	Burnout and quality of life in Spine Surgeons: results of a worldwide Survey		Fahad Abduljabbar
13:28 – 13:34	Discussion		All Panel
13:35 – 13:41	Relationship of Gluteus Maximus Insufficiency in the Patients with Chronic Mechanical low back pain among Saudi Military Personnel		Mohammad Sidiq
13:42 - 13:48	Effectiveness of Spinal Manipulative therapy for Chronic low-back pain (Systematic Review)		Kholoud AlHomoud
13:49 - 13:55	Physical therapy Intervention for the Management of Coccydynia: a Systematic Review		Yousef Alyousef
13:55 – 14:00	Discussion		All Panel

SESSION 4B: ABSTRACT - HALL 2

18th NOVEMBER 2018

Time	Topic	Chairman : Faisal Konbaz Anouar Bourghli	Speaker
13:00 – 13:06	Anterior Cervical Discectomy and Fusion (ACDF) complications and 30 days Mortality and Morbidity		Sarah Aldeghaither
13:07 – 13:13	Percutaneous Transforaminal Interbody Fusion with Expandable Mesh Bag system – Preliminary results		Muhammad Abd-El-Barr
13:14 – 13:20	Prospective Evaluation of Artificial Cervical Disc Implantations up to 15-year results of 300 Patients and Complication Report		Sebastian Gitter
13:21 – 13:27	Accuracy, Radiation time, and Radiation Exposure using Computer-Assisted Instrument Navigation VS Conventional C-Arm Fluoroscopy for Spine Surgery Instrumentation		Muhammad Abd-El-Barr
13:28 - -13:34	Discussion		All Panel
13:35 - 13:41	Single Center Experience in Magnetically Controlled Growing Rods (MCGR) in treatment of early onset Scoliosis		Monerah Annaim
13:42 - 13:48	The effectiveness of TENS and Exercises on Chronic Low Back Pain		Hussam Alsaleh
13:49 - 13:55	Interlaminar fusion in lumbar Spinal Stenosis, comparison w/o additional Interbody fusion		Sebastian Gitter
13:55 – 14:00	Discussion		All Panel



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SESSION 5A: SACROILIAC JOINT - HALL 1

18th NOVEMBER 2018

Time	Topic	Chairman : Abdullah Kaki Osamah Al Ahdal Khalid Almadni	Speaker
14:00 – 14:15	Sacroiliac joint Biomechanics, do we understand it well?		Waleed awwad
14:15 – 14:30	Diagnosis of SI Joint disease: Clinical Exam & Radiological Evaluation		Shadi Shihata
14:30 – 14:45	Non Surgical Management of SI Joint Pain: Options & Effectiveness		Ayman Abdelhalim
14:45 – 15:00	Success & Failure of the SI Joint Arthrodesis: lessons we learned so far		Jeffrey Wang
15:00 – 15:15	Discussion		All Panel

SESSION 5B: GROWING SPINE - HALL 2

18th NOVEMBER 2018

Time	Topic	Chairman : Abdulmonem Al Siddiky Samir Alsayegh Wael Alshaya	Speaker
14:00 – 14:15	Long term Sequelae of Untreated Idiopathic Scoliosis		Muaz Ghadir
14:15 – 14:30	Pediatrics Scoliosis with Coexisting Spinal Cord Pathology		Husam Alhabib
14:30 – 14:45	Spinopelvic Fixation in Pediatric Spine: Options & Outcomes		Ahmed Turkistany
14:45 – 15:00	Spina Bifida, Problem List & Rehabilitation Approach		Hanan Demyati
15:00 – 15:15	Discussion		All Panel

15:15 – 16:00

Coffee break, exhibition, Prayers



SESSION 6: SAUDI RHEUMATOLOGY ASSOCIATION SPONDYLOARTHRITIS - HALL 1

18th NOVEMBER 2018

Time	Topic	Chairman : Nabeel Alnaghmosh Fahad Abduljabbar	Speaker
16:00 – 16:10	Concept of Inflammatory Back Pain and Early Referral		Zeyad Alzahrani
16:10 – 16:20	Diagnostic Approach and Management of Spondyloarthritis		Suzan Attar
16:20 – 16:30	Discussion		All Panel



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SESSION 7: AO SPINE SYMPOSIUM - HALL 1

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Time	Topic	Chairman : Waleed Awwad AOSPINE Saudi Arabia Chairman	Speaker
16:30 – 16:45	Ligamentum Flavum Preserving Flap Microdiscectomy		Shanmuganathan Rajasekaran
16:45 – 17:00	Avoidance of Complications in MIS Surgery		Mahdi Bassi
17:00 – 17:15	MIS Spinopelvic Fixation		Waleed Awwad
17:15 – 17:30	Computer Navigated Spine Surgery, Fact or Fiction		Shanmuganathan Rajasekaran
17:30 – 17:40	Discussion		All Panel



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SESSION 8: HEALTH CARE PROVIDER WELL BEING FOR THE BENEFIT OF THE PATIENTS - HALL 1

19th NOVEMBER 2018

Time	Topic	Chairman : Maan Kattan Khalid Batterjee	Speaker
08:00 – 08:10	Health care Provider Burnout		Othman Alkassabi
08:10 – 08:20	Reducing Radiation among Healthcare providers In Spine Practice		Mohammed Khashab
08:20 – 08:30	Top 5 Advices to young Healthcare Providers		Zayed Alzayed
08:30 – 08:40	Discussion		All Panel

SESSION 9: INNOVATIONS IN SPINE CARE - HALL 1

19th NOVEMBER 2018

Time	Topic	Chairman : Ahmed Alzahrani Saleh Baeesa	Speaker
08:40 – 08:55	Why and How to incorporate Intra - Operative Neurophysiological Monitoring in Spine Sugery.		Eric Truumees
08:55 – 09:10	Intraoperative Imaging in Spine Surgery – Fluroscopy, 3D Imaging & CT		Frank Kandziora
09:10 – 09:25	Video - and Navigation - assisted 360 reconstruction Techniques in Thoracolumbar fractures		Thomas Blattert
09:25 – 09:40	Intradiscal Biacuplasty for treatment of Discogenic low back pain		Robert Bolash
09:40 – 09:50	Taking your Innovation to the next level		Abdullah Murad
09:50 – 10:00	Discussion		All Panel

10:00 – 10:15

Coffee break + Exhibition  

SESSION 10A: SPTA BIOMEDICAL VS BIOPSYCHOSOCIAL APPROACH FOR THE MANAGEMENT OF SPINAL PAIN - HALL 1

19th NOVEMBER 2018

Time	Topic	Chairman : Ali Albarrati	Speaker
10:15 – 10:25	The Current Practice in the Management of Back Pain: Call for Action		Ali Alshami
10:25 – 10:40	Looking beyond Spinal Structure: Understanding the Contributing Factors to Disability		Dalia Alemam
10:40 – 10:55	How to Integrate Psycho-Social aspects into the Management of Back Pain		Faris Alodaibi
10:55 - 11:15	Discussion		All Panel



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SESSION 10B: EGYPTIAN SPINE ASSOCIATION MANAGEMENT OF AN ACUTE CERVICAL DISC HERNIATION WITH RADICULOPATHY IN A 45 YEARS OLD PATIENT (DEBATE SESSION)- HALL 2

19th NOVEMBER 2018

Time	Topic	Chairman :	Speaker
10:15 – 10:25	Cervical Disc Disease: Overview, Pathology, Natural History: EBM		Mohamed Abdelwanis
10:25 – 10:35	Cervical Disc Disease: Conservative Measures: Does it Work: EBM		Nabil Mansour
10:35 – 10:45	Anterior Simple Discectomy VS ACDF; Which is Better?		Ali Abou-Madawi
10:45 – 10:55	Endoscopic Posterior Cervical Foraminotomy: Does it Improve the Outcome		Omar Hammad
10:55 – 11:05	Arthroplasty in Cervical Disc Disease, is it a long Standing option ?		Mohamed Khattab
11:05 – 11:15	Discussion		All Panel

11:15 -12:00

2nd General Assembly / SSS members only - HALL 1

12:15 – 13:00

Lunch Break, Exhibition & Prayers



SESSION 11A: ABSTRACT - HALL 1

19th NOVEMBER 2018

Time	Topic	Chairman : Faisal Konbaz Amro Alhabib	Speaker
13:00 – 13:06	Posterolateral Versus Posterior Interbody Fusion in Lumbar Degenerative Spondylolisthesis		Nabeel Alnaghmoosh
13:07 – 13:13	Recent Techniques in Management of Lumbosacral Region Tumours: A Prospective Comparative Study		Ahmed Taha
13:14 – 13:20	Causes and Patterns of Spine Trauma in Adults in Saudi Arabia: Implications for Injury Prevention		Suhail Al Assiri
13:21 – 13:27	Spinal Schistosomiasis, Medical or Surgical Treatment?		Mohammed Elzain
13:28 – 13:34	Discussion		All Panel
13:35 – 13:41	A Retrospective Cohort study on Unstable Thoracolumbar Burst Fractures: To Fix with Single-Level or Two-Level Posterior Spinal Fixation?		Mohammad Alawad
13:42 – 13:48	Chronic Pain: An Output of the Brain, An Opinion on Tissue State of Health		Rachid El Khoury
13:49 – 13:55	Comparative Study of Surgical Approaches for Distractive Flexion Injuries of Sub-Axial Cervical Spine		Ahmed Taha
13:55 – 14:00	Discussion		All Panel



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SESSION 11B: ABSTRACT - HALL 2

19th NOVEMBER 2018

Time	Topic	Chairman : Khalid Assiri Ahmad Habtar	Speaker
13:00 – 13:06	Double level Hybrid Surgery of the Cervical Spine- Combination of Ventral Fusion and Artificial Disc Implantation on Top VS Double level Fusion by Peek Cages Stand alone		Sebastian Gitter
13:07 – 13:13	Minimal Invasive Transforaminal Lumbar Interbody Fusion in Isthmic Spondylolisthesis		Omar Kelany
13:14 – 13:20	Hole Assisted Trans Articular Medical Approach Via Laminofacet Articular Junction For Ainal Stenosis and Spondylolisthesis: Microsurgical and Morphological Study		Figen Aslan
13:21 – 13:27	Is Adolescent Idiopathic Scoliosis Associated with Premature Facet Degeneration?		Fahad Abduljabbar
13:28 – 13:34	Discussion		All panel
13:35 – 13:41	Quality of life in Post Lumbar Microdiscectomy Patients using eq-5d-5l scale		Ibrahim Alnaami
13:42 - 13:48	Stabilization using a Dynamic Plate (Spanning Over 2 levels) vs Two Levels Cages		Sebastian Gitter
13:49 - 13:55	Comparison of Percutaneous and Open Posterior Spinal Fixation in Thoracolumbar Fractures		Mohamed Alqazaz
13:56 – 14:00	Discussion		All Panel

SESSION 12A: ELDERLY SPINE- HALL 1

19th NOVEMBER 2018

Time	Topic	Chairman : Salah Alakkad Abdullah Arab	Speaker
14:00 – 14:10	Should we offer Surgery to Patients over 80?		Eric Truumees
14:10 – 14:25	Cervical Injuries in the Elderly – Computer Assisted MIS Treatment Strategies		Thomas Blattert
14:25 – 14:40	Surgical treatment of Cervical Myelopathy: Anterior vs Posterior? Which approach has less Morbidity in the Elderly Population?		Frank Kandziora
14:40 – 14:45	Discussion		All Panel

SESSION 12B: SPINE PAIN MANAGEMENT - HALL 2

19th NOVEMBER 2018

Time	Topic	Chairman : Ali Al Shoaiby Ayman Abdelhalim	Speaker
14:00 – 14:10	Updates on facet Procedures		Robert Bolash
14:10 – 14:20	Neuromodulation in Spine Care		Abdullah AlGhamdi
14:20 – 14:30	Cervical Spine Epidural Injections, Risks & Benefits		Scott Kreiner
14:30 – 14:40	Cleveland Clinic's Spine Pain Treatment Care Path		Robert Bolash
14:40 – 14:45	Discussion		All Panel



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SESSION 13A: BLEEDING MANAGEMENT IN SPINE SURGERY - HALL 1

19th NOVEMBER 2018

Time	Topic	Chairman : Abdullah Othman Habib Aletani	Speaker
14:45 – 14:55	Blood loss in Adult & Pediatrics Spine Surgery		Mohammed Alshumrani
14:55 – 15:05	The role of Pre-Operative Embolization in Spine Procedures		Almamoon Justaniah
15:05 – 15:15	Pre-Operative Management, How to Prepare the Patient and the Surgery		Hani Alsulaimani
15:15 – 15:25	Intra-Operative Measures to Reduce Blood Loss		Ibrahim AlAssiri
15:25 – 15:30	Discussion		All Panel

SESSION 13B: UPDATES ON DDD - HALL 2

19th NOVEMBER 2018

Time	Topic	Chairman : Abdulrahman Alarjani Wasif Alsubaie	Speaker
14:45 – 15:00	Provocative Discography: Is It Still Indicated		Osamah Al Ahdal
15:00 – 15:15	Rehabilitation for Chronic Low back Pain		Ali Alshami
15:25 – 15:30	Discussion		All Panel

15:30 – 16:00

Coffee break, Exhibition & Prayers



SESSION 14: ADULT SPINE DEFORMITY - HALL 1

19th NOVEMBER 2018

Time	Topic	Chairman : Abdulwahid Barnawi Majid Alosaimi	Speaker
16:00 – 16:10	Adult Spinal Deformity Classifications, Imaging, Impact on Alignment		Saleh Alsulaimani
16:10 – 16:25	Surgical Treatment Principles: Decompression, Short VS long fusion		Ayman tayeb
16:25 – 16:40	Sacrum Fractures Following Long Spine Fusions		Salah AlDeen Khalifah
16:40 – 16:50	The History & Different types of PSO		Anouar Bourghli
16:50 – 17:00	Discussion		All Panel

HALL 1

Announcement of Awards

Closing Remarks

Closing Ceremony