

**7:45 - 08:00
WELCOME AND OPENING**

HALL 1 Day 1 | 18th November 2023

SESSION	SAUDI LOW BACK PAIN GUIDELINES	
MODERATORS	HANA ALSOBAYEL , ABDULWAHID BARNAWI, OMAR ALYAMANI	
TIME	TOPIC	SPEAKER
08:00 - 08:10	Introducing the guideline's leadership team and the guideline's key themes and message	Mai Aldera
08:10 - 08:25	The guideline process and methodology used to develop the Saudi guideline for patients with LBP	Klara Brunnhuber
08:25 - 08:35	The result	Hanan Alrayes
08:35 - 08:50	Recommendations and local considerations	Ahmad AlTurkistani
08:50 - 09:15	DISCUSSION	

HALL 1 Day 1 | 18th November 2023

SESSION	COMPLEX SPINE DEFORMITY	
MODERATORS	FAHAD ALHELAL ,NAYEF BIN DAJIM, IBRAHIM ASSIRI	
TIME	TOPIC	SPEAKER
09:25 - 09:50	Adult spinal deformity surgery in older patients: indications, managements	Khaled kebaish
09:50 - 10:05	Domino connector for PSO and VCR reduction	Anouar Bourghli
10:05 - 10:25	Deformity surgery revision, how to plan it?	Sami Aleissa
10:25 - 10:40	High grade Spondylolisthesis, sagittal alignment analysis and treatment guidance	Waleed Awwad
10:40 - 10:50	DISCUSSION	
10:50 - 11:20	Coffee Break	

7TH ANNUAL CONFERENCE OF SAUDI SPINE SOCIETY RIYADH 17-19 NOV 2023



HALL 1 Day 1 | 18th November 2023

SESSION	KEYNOTE SPEAKER	
MODERATORS	SAMI ALEISSA, FAISAL KONBAZ, ABDULKARIM ALRABIE	
TIME	TOPIC	SPEAKER
11:20 - 11:50	Two Decades of Adult Deformity Surgery, Contributions & Lessons Taught	Khaled Kebaish
11:50 - 12:00	DISCUSSION	
12:00 - 12:20	Opening Ceremony	
12:20 - 13:20	PRAYER & LUNCH BREAK	

HALL 1 Day 1 | 18th November 2023

SESSION	ABSTRACT	
MODERATORS	ABDULAZIZ BIN SHEBREEN, SHAKER ALSHEHRI	
TIME	TOPIC	SPEAKER
13:20 - 13:27	Treating Disc Prolapse Without Surgery, Ozone Nucleoplasty	Shahzad Bhatti
13:27 - 13:34	The Epidemiology, Clinical Presentation, And Treatment Outcomes In Spinal Subdural Abscess: A Systematic Review	Ebtesam Abdulla
13:34 - 13:41	A comparative study of Brace-Related Stress and Quality of Life Parameters Between Cheneaux Braces and Conventional Boston Braces on A sample of Saudi Scoliotic Patients.	Khalid AlHarbi
13:41 - 13:48	The Safety and Feasibility of Exercise Intervention for Adults with Spinal Metastasis: A Systematic Review	Amani Aljohi
13:48 - 13:55	Ao Spine Guideline For the use of Osteobiologics (Aogo) In Anterior Cervical Discectomy and Fusion for Spinal Degenerative Cases	Waeel Hamouda
13:55 - 14:02	Mis Tubular Discectomy Vs Conventional Vs Endoscopic for Treating Lumbar Disk Herniation : Is any of them a better option for	Khalid Almadni
14:02 - 14:09	Functional Evaluation of Patients with Lumber Disc Prolapse after Endoscopic Discectomy	Mohammed Elzain
14:09 - 14:20	DISCUSSION	

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11:55 - 12:20 OPENING CEREMONY

12:20 - 13:20 LUNCH

HALL 2 Day 1 | 18th November 2023

SESSION	ABSTRACT	
MODERATORS	ANOUAR BOURGHLI, SAAD SURUR , HUSSAIN ALHAMAL	
TIME	TOPIC	SPEAKER
13:20 - 13:27	How frequently does MRI modify Thoracolumbar Fractures' Classification or Decision-Making? A Systematic Review and Meta-Analysis	Mohamed Ali
13:27 - 13:34	Influence of Work-Related Safety and Health Guidelines on Knowledge and Prevalence of Occupational Back Pain among Rehabilitation Nurses in Saudi Arabia: A 6 Month follow-Up	Hani Alabbad
13:34 - 13:41	Transforming outcomes of Spine Surgery: Exploring the Power of Enhanced Recovery after Surgery Protocol – A Systematic Review and Meta-Analyses of 15,198 Patients	Hamzah Magableh
13:41 - 13:48	Exoscope as a valid alternative of the Operating Microscope in Cervical Spine Surgery: A Systematic Review and Meta-Analysis	Ahmed Motawei
13:48 - 13:55	Stem Cell Therapy for Traumatic Spinal Cord Injury: Where do we Stand ?	Mir Sadat-Ali
13:55 - 14:02	The accuracy of Artificial Intelligence as Clinical Decision Support System In Diagnosing Cervical Radiculopathy due to Disc Herniation and Spondylosis	Almaha Alzahrani
14:02 - 14:09	Anterior Discectomy and Fusion Versus Posterior Foraminotomy In Treatment of Cervical Radiculopathy: A Comparative Prospective Study	Ali Abdelaleem
14:09 - 14:20	DISCUSSION	

HALL 1 Day 1 | 18th November 2023

SESSION	SPTA / ADVANCEMENTS AND CHALLENGES IN SPINE REHABILITATION: PERSPECTIVES FROM EXPERTS	
MODERATORS	MAI ALDERA , ABDULLAH ALMOHAYA, LOLWAH AL RASHED	
TIME	TOPIC	SPEAKER
14:20 - 14:32	Psychosocial Aspects of Spine Conditions	Faris A. Alodaibi
14:32 - 14:44	Patient Preferences for Spine Surgery and Non-Surgical Management:	Abdullah H. Almuhaya.
14:44 - 14:56	Current Trends in Physical Therapy for Spine Conditions:	Muhammad Z. Alrwaily
14:56 - 15:08	Moving towards Value based spine care	Othman Y. Alkassabi
15:08 - 15:20	DISCUSSION	
15:20 - 15:40	Coffee Break	

HALL 2 Day 1 | 18th November 2023

SESSION	ESA: SPINE ONCOLOGY	
MODERATORS	KHALED ALMUSREA, MAHDI BASSI, SALEH BAEESA	
TIME	TOPIC	SPEAKER
14:20 - 14:32	When & how to perform preoperative embolization in spine tumors	Bader Alahaideb
14:32 - 14:44	The indication of En Bloc resection in metastatic spine disease	Abdulwahid Barnawi
14:44 - 14:56	Anterior versus posterior approach in metastatic spine disease: Evidence based	Mohamed Elmeshtawy
14:56 - 15:08	Osteoid osteoma: what shall I do?	Mohamed Khattab
15:08 - 15:20	DISCUSSION	
15:20 - 15:40	Coffee Break	

HALL 1 Day 1 | 18th November 2023

SESSION	AOSPINE/ SPINE EMERGENCIES	
MODERATORS	SALAHADDEEN KHALIFAH, AHMED ALFERAYAN, HANI ALSULAIMANY	
TIME	TOPIC	SPEAKER
15:40 - 16:00	How to get the best clinical & legal outcome in Cauda equina syndrome	Klaus Schnake
16:00 - 16:15	Post operative epidural hematoma, shall I evacuate ?	Sultan Aldebeyan
16:15 - 16:30	Spinal Abscess with sepsis & neurological deficit, how to act?	Nayef Bin Dajim
16:30 - 16:40	DISCUSSION	
16:40 -17:20	General Assembly	

DAY TWO

HALL 1 Day 2 | 19th November 2023

SESSION	THE OSTEOPOROTIC SPINE	
MODERATORS	SALAH AL AKKAD, KHALED ASIRI, BANDAR ALSUBAE	
TIME	TOPIC	SPEAKER
07:30 - 07:42	Optimizing osteoporotic patients for elective spine surgery	Mir Sadat Ali
07:42 - 07:54	Techniques to improve pedicle screws fixation in osteoporosis	Fahad abduljabbar
07:54 - 08:06	Prevention of osteoporosis	Anwar Aljammah
08:06 - 08:18	Interventional radiology options in osteoporotic spine fractures	Majed Ashour
08:18 - 08:30	DISCUSSION	

HALL 1 Day 2 | 19th November 2023

SESSION	SPINAL CORD INJURY	
MODERATORS	AMRO ALHABIB, ALI ALSHOAIBY, MAHMOUD BEDAIWY	
TIME	TOPIC	SPEAKER
08:40 - 09:00	Interfacing the brain with a computer for spinal cord injury (and everything else)	Adam Sachs
09:00 - 09:10	Pain management in Spinal cord injury	Ghasan Hakeem
09:10 - 09:30	Neurological deficit in thoracic OPLL, is in an inevitable outcome	Adnan Alkandari
09:30 - 09:40	Rehabilitation for spinal cord injury	Naif Alradadi
09:40 - 09:50	DISCUSSION	
09:50 - 10:20	Coffee Break	

HALL 1 Day 2 | 19th November 2023

SESSION	EUROSPINE: ANTERIOR LUMBAR SURGERY	
MODERATORS	YAHIYA AL QAHTANI, ABDULRAHMAN ALARJANI, SHADI SHIHATA	
TIME	TOPIC	SPEAKER
10:20 - 10:35	Principles of Spine balance and surgical correction of spine imbalance by ALIF alone vs combined ALIF with posterior osteotomies .	Abdulaziz Binshebeen
10:35 - 10:50	ALIF (supine and lateral): advantages , limitations with presentation of deformity cases.	Dominique Rothenfluh
10:50 - 11:05	Lumbar Anterior Column Reconstruction with Anterior to Psoas approaches. Achievements and pitfalls over the last 10 years.	Marco Teli
11:05 - 11:20	XLIF , the Saudi Arabian experience	Anwar Alrabiah
11:20 - 11:30	DISCUSSION	

HALL 2 Day 2 | 19th November 2023

SESSION	COMPLEX CERVICAL SPINE TRAUMA	
MODERATORS	OSAMA ALREHAILI, MOHAMMED KHASHAB, ABDULLAH ALOTHMAN	
TIME	TOPIC	SPEAKER
10:20 - 10:35	Traumatic C1 - C2 Rotatory Subluxation: Delayed presentation and Management	Jehad Ahmed
10:35 - 10:50	Subaxial Cervical Vertebral body fractures	Abdulahadi Algahtani
10:50 - 11:05	Delayed Sub-axial cervical facet dislocation: update on management	Fawaz Almotairi
11:05 - 11:20	Central Cord Syndrome	Saud Alhamad
11:20 - 11:30	DISCUSSION	

HALL 2 Day 2 | 19th November 2023

ABSTRACT SESSION

FAHAD AL MULHIM , MOHAMMAD AL SWAT

TIME	TOPIC	SPEAKER
11:30 - 11:36	An Assessment of the Longitudinal Construct Validity of the Pain Behavioural Scale (Pabs) In a Saudi Population with Chronic Low Back Pain: A Preliminary Study	Dalia Alimam
11:36 - 11:42	Number of Levels fused: An Indicator of Hardware failure following Minimally Invasive Antepsoas Fusion	Rehan Khan
11:42 - 11:48	Experience with Unilateral Dual Portal Endoscopic Tiff using Expandable Cages: Initial case series	Alhareth Maaya
11:48 - 11:54	Hardware-Related complications in oatients with Transitional Lumbosacral Anatomy following Minimally Invasive Antepsoas Surgery (Mis-Atp)	Nader El Hajj
11:54 - 12:00	Successful outcome of treating Spinal ABC with Denosumab in a Pediatric Patient: A case report and Literature Review	Mohammed AIRushud
12:00 - 12:10	DISCUSSION	
12:10 - 13:00	PRAYER & LUNCH BREAK	

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SESSION	ABSTRACT SESSION	
MODERATORS	MUATH ABOALFARAJ , MAMDOUH AL HAWSAWI	
TIME	TOPIC	SPEAKER
11:30 - 11:36	Ao Spine upper Cervical Injury classification system: A description and Reliability study	Waeel Hamouda
11:36 - 11:42	Virtual Scoliosis-specific Exercises (Seas) with home-based application of Kinesio Taping versus Clinical-based routine Physiotherapy for adolescents with moderate adolescent Idiopathic Scoliosis	Ameer Almubarak
11:42 - 11:48	Clinical outcomes of the Transforaminal Lumbar Interbody Fusion technique among Patients with Low Back Pain showing Type 1 Modic changes on MRI	Yazed Alharbi
11:48 - 11:54	Effects of short term space travel on Spinal Health: Insights from an MRI study on Astronauts	Rakan Bokhari
11:54 - 12:00	Shoulder level changes after Minimally Invasive Anterior to Psoas (Atp) fusion in Adult Scoliosis patients	Henry Hojoon Seo
12:00 - 12:10	DISCUSSION	
12:10 - 13:00	PRAYER & LUNCH BREAK	

HALL 1 Day 2 | 19th November 2023

SESSION	PEDIATRIC SPINE	
MODERATORS	ABDULMONEM ALSIDDIKY, YASSER ALBREIKEET, MOHAMED WASEF ALSEBAEI	
TIME	TOPIC	SPEAKER
13:00 - 13:10	Congenital scoliosis, when to operate ?	Sultan Alsalmi
13:10 - 13:25	Current state and future perspectives of non-fusion surgery for AIS	Per Trobisch
13:25 - 13:37	Role of the traction in the management of the growing spine	Samir Al Sayegh
13:37 - 13:50	Exotic Pediatric cervical pathology: my thought process	Wael Alshaya
13:50 - 14:00	DISCUSSION	

HALL 2 Day 2 | 19th November 2023

SESSION	ENDOSCOPIC SPINE	
MODERATORS	DHAWI AL OTAIBI, HUSSAM JABRI	
TIME	TOPIC	SPEAKER
13:00 - 13:10	Evolution of endoscopic spine surgery	Dhawi Al otaibi
13:10 - 13:20	Obstacles in Endoscopic Discectomy	Mohamed M Malabari
13:20 - 13:50	Biportal endoscopic approaches. from cervical to lumbar, from decompression to Fusion	Dong Hwa Heo
13:50 - 14:00	DISCUSSION	

HALL 1 Day 2 | 19th November 2023

SESSION	NASS/ ELDERLY SPINE	
MODERATORS	SOHAIL BAJAMMAL, AHMED ALJISHI, AHMED ALKHANI	
TIME	TOPIC	SPEAKER
14:10 - 14:30	Dysphagia and aspiration following multilevel ACDF in the elderly, is it safer to go posterior ?	Ali Baaj
14:30 - 14:50	Enabling Technologies for the Care of Elderly Spine Patients: Awake Surgery and Endoscopic Approaches	Mohammed Abd El-Barr
14:50 - 15:10	Spine Surgery in the elderly: A challenging decision	Amro Alhabib
15:10 - 15:20	DISCUSSION	
15:20 - 15:30	AWARDS AND ADJOURN	